

# ez+detect<sup>™</sup>

## Colon Disease Test

- Clinically proven screening test
- 2-minute Home self-test for occult (hidden) blood in the stool, an early warning sign of colorectal cancer and other colorectal diseases
- No dietary restrictions
- Easy to use without any laboratory processing
- Maximum hygiene without stool handling

Colorectal Disease Test EZ Detect<sup>™</sup> is designed to detect hidden (occult) blood in the stool, an early warning sign of colorectal disease, including colon and rectal cancer.

EZ Detect is an In-vitro diagnostic test kit for self-testing.





### **MEDICATIONS AND DIET**

Do not take aspirin-containing medications, anti-inflammatory medications and rectal ointments two days before and during the test. If you are taking any medications, including prescribed doses of iron, consult with your doctor.

Before testing, it is recommended to consume vegetables, fruits and cereals two days before and during the testing.

### CONTENTS

- 5 x EZ Detect<sup>™</sup> Tissues
- 1 x Positive Control Package
- 1 x Result Card
- 1 x Instruction Booklet



### **TEST DESCRIPTION**

Testing is performed in the following three steps:

- 1. Water quality check (only once).
- 2. Stool test (test three consecutive bowel movements).
- Test performance (only once for this purpose, the Positive Control Package is used to ensure the correct test performance).

### **TEST PREPARATION**

Remove all detergents and disinfectants as well as fresheners from the toilet and flush tank. Flush several times before testing.

If you suffer from color blindness or other visual impairment, ask another person for help reading the results.

### **SPECIAL NOTE**

- For external use only.
- Do not perform the test during menstruation, bleeding hemorrhoids, or constipation.
- Keep unused test pads in a dark place and at room temperature (15 °C – 30 °C).
- Keep out of direct sunlight and moisture.
- Avoid ingestion or inhalation of the control package contents. Keep out of reach and sight of children.





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### **TEST PROCEDURE SUMMARY**

- Water quality check: Cut open the large pouch at the place indicated by the dashed line. Remove one test tissue and place it on the water surface in the toilet bowl. Wait 2 minutes.
- 2. **Stool test:** If necessary, urinate and flush the toilet.
  - a) Have a bowel movement. Do not flush the toilet.
  - b) Remove another test tissue from the pouch and place it on the water surface in the toilet bowl. The test tissue does not need to touch the stool. Fold the open end of the pouch and close it to protect the remaining tissue from moisture.
  - c) At 2 minutes, look for a blue-green color on the test area of the test tissue.
  - d) Flush the toilet.
  - e) For the second and third bowl movements repeat step #2 from a to d.
- Test performance: Complete this step for the test results to be valid.
  Flush the toilet. Carefully tear open the Positive Control Package (small foil pouch) and sprinkle it in the toilet water.

Wait 1 minute and then drop the last tissue into the toilet bowl.

Within 2 minutes, a blue-green cross should appear on the test tissue, indicating the pads have worked correctly. Wash your hands. Record your results in the Result Card.



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### WHERE SHOULD I SEND THE RESULTS?

Deliver the completed Result Card to your doctor if:

- 1. You have a positive stool test result; or
- 2. Your doctor has asked you to perform this test.

### WHAT DOES THE TEST RESULT INDICATE?

Any trace of blue-green color in the Test Area indicates that your stool may contain blood (positive test result), and this condition requires the attention of your doctor.

A positive test result does not always indicate a problem, e.g., as mentioned before, some medications may affect the accuracy of the result.

If there is no blue-green coloration in the test cross area, it means there was no detectable blood present in the stool at the time of the testing. However, some diseases may not cause bleeding at all times.

### CAUTION

This is only a screening test and should not be used to confirm or refute the existence of a disease in any phase. It is not considered as a substitute for colonoscopic or sigmoidoscopic examination.

If you suffer from symptoms that you are concerned about, discuss them with your doctor, even if the result is negative. This test is not intended to assess upper gastrointestinal bleeding.

Read the instructions included with the test kit carefully and completely before performing the test.

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